## Green Valley Homeowners Recreation Association

## **2026 WINTER STROKE CLINIC**

Clinic held Monday to Friday Tues., FEBRUARY 17th to Fri., MARCH 27th

Participants 5 to 18 years of age must be able to swim unassisted

North Pool, 10824 Los Jardines East, Fountain Valley \$195 for residents / \$220 for nonresidents

Maximum of 25 registered in each age group

Free Style, Breaststroke, Backstroke and Butterfly

## Registration:

In-person at the Association office, 10739 Los Jardines West, Fountain Valley. Office hours are 9:00am-5pm. Information 714-962-8205.

Residents - Beginning Tuesday, January 6, 2026

Non-residents can register beginning Tuesday, **January 27th**. Once it is full, we cannot add additional swimmers. Information 714-962-8205.

Payment may be made by cash. check or Visa/MasterCard (3% fee.) No refunds.

No one will be allowed on the pool deck during practice.



Coaches request that all swimmers wear goggles.

Rain or shine We only cancel if there is lightning The pool is heated at 84 degrees

You must register for your age group.
The coaches may move swimmers to a different group depending on space and swimmer's ability

## STROKE CLINIC TIMES:

5-6 years - 3:30 to 4:00 p.m.

7-8 years - 4:05 to 4:35 p.m.

9-10 years - 4:40 to 5:25 p.m.

11-12 years - 5:30 to 6:15 p.m.

13-18 years - 6:20 to 7:15 p.m.

\*Must be able to swim on your own to register

\* Coaches may move swimmers depending on space/ability.

