

Green Valley Homeowners Recreation Association
**2026 FALL STROKE CLINIC &
OPTIONAL WATER POLO**

MONDAY, SEPTEMBER 14th to FRIDAY, NOVEMBER 6th

Monday through Friday

North Pool, 10824 Los Jardines East, Fountain Valley

\$240 for residents / \$265 for nonresidents

Participants 5 to 18 years of age:

Ages 8 & Under - Stroke Clinic only (Participants must be water safe and able to swim unassisted - No Learn-to-Swim)

Ages 9-18 - Stroke Clinic or Stroke Clinic w/Water Polo Clinic

Learn Fundamental Swim Techniques

(Free Style, Breaststroke, Backstroke, Butterfly)

with the option of Water Polo Rules & Skills

Registration:

In-person only at the Association office, 10739 Los Jardines West, Fountain Valley, CA

Residents - Beginning Tuesday, July 21st, 9:00 a.m.

Nonresidents - Beginning Tuesday, August 11th, 9:00 a.m.

Once it is full, we will not be adding additional swimmers.

Payment may be made by check, cash, Visa or MasterCard. Credit cards add 3% transaction fee.

No refunds.

No one will be allowed on the pool deck during clinic.

Information 714-962-8205

Coaches request that
all swimmers wear goggles.

Rain or shine.

We only cancel if there is
lightning.

The pool is heated at 84
degrees.

You must register for your
age group.

The coaches may move
swimmers to a different group
depending on space and
swimmer's ability.



STROKE CLINIC TIMES:

6 & under - 3:30 to 4:00 p.m.

7-8 years - 4:05 to 4:35 p.m.

9-10 years - 4:40 to 5:25 p.m.

11-12 years - 5:30 to 6:15 p.m.

13-18 years - 6:20 to 7:15 p.m.

*Coach Adam reserves the right to move swimmers
between groups as needed.

