

G.V.H.R.A. 10739 Los Jardines West Fountain Valley, CA 92708 Presorted Standard US Postage Paid Santa Ana, CA **Permit No. 1706** 

Clubhouse Rental Info P. 2

Pool
Information
P. 3

Aqua Tone & PiYO Classes
P. 4

Swim Lesson Schedule P. 6 Classified Ads P. 7

# The Green Valley Gazette



Published for the residents of the Green Valley Homeowners' Recreation Association

Volume 2024, Number 5

June 2024

### All of the Facilities Have Been Given a Fresh Coat of Paint





The project began with the annual wrought iron inspection and repairs. This included replacing the closing mechanism on the side gate at the North Pool.

The North Pool facility was painted first. The interior of the restrooms were also painted.

The Adult Clubhouse facility was painted next. The privacy wind screens were removed for the painting project but will be installed once the paint is dry.

The Association Office, Family Clubhouse facility is currently being painted, including the surrounding walls.

## Mark Your Calendar The next **Community Shred Day** is



Saturday, July 13th 9:30 to 10:30 a.m. Family Clubhouse Parking Lot

×

The Next Board of Directors'
Meetings
are Tues., May 21 & June 25
at 6:30 p.m.
in the Community Room located at
10739 Los Jardines West.



### Memorial Day Picnic Monday, May 27th



Monday, May 27th 11:00am to 5:00pm

<u>New Location This Year!</u> - Grass Area Behind the Adult Clubhouse, 17250 Los Jardines West, north side of Slater

Food Trucks & Snack Booth, Picnic Games, Music & Dancing, Sidewalk Chalk Contest, Game Booths, Large Slide, Face Painting, Spin Art, Juggling Act, Ceremony Honoring Veterans, and Bingo!

### **Schedule of Events:**

Dances & Music by CP Entertainment	. 11:00am to 3:00pm
Large Slide	11:00am to 3:00pm
Snack Booth	11:00am to 2:00pm
Game Booths & Spin Art	11:30am to 2:30pm
Fire 'n Ice Juggling Act	11:45am to 12:30pm
Face Painting & Air Brushing	12:30 to 2:30pm
Picnic Contests for All Ages	12:00 to 2:00pm
Sidewalk Chalk Contest	1:00 to 2:00pm
Ceremony to Honor Veterans & BINGO!	3:00pm



<u>Wrist Bands</u>: We will be selling wrist bands at the event for unlimited use of the Carnival Game Booths and Large Slide. Time permitting, Face Painting, Air Brushing, and one Spin Art. Ticket booth opens at 10:30 a.m. The cost is \$10.

**Sidewalk Chalk Contest:** The first twelve groups of 2-4 people under the age of 18 to sign up at the event will be entered into the contest. Using a patriotic theme, squares will be judged by age groups. Winners will be announced before the start of Bingo.

<u>Picnic Contests</u>: There will be contests that go on throughout the day for all age groups. These activities are age grouped and may include a watermelon eating, water balloon toss, root beer chug, sack races, musical chairs, Oreo face challenge and relay races.

**Food & Snacks:** Three Food Trucks (Baby's Burgers, Tacos 4 Troops & Drizzle Desserts) will be here for lunch from 12:00 to 2:30pm! We will also be selling popcorn and cotton candy.

<u>Ceremony:</u> We invite all service men & women, past & present, to participate in a ceremony honoring their dedication to our country. This will take place just before Bingo.

**BINGO:** We end our event with 15 games of Bingo! Only those 21 years of age and older only can claim prizes. Buy a \$5 Picnic Participation Pass and receive a treat & use of a Bingo card. Cards are good for all 15 games. Great prizes and great fun!

If anyone knows of a business that would like to donate prizes or cash to Bingo this year, please have them contact the Association office by May 17th. Their business will be listed on all sponsor signs, announced throughout the event and listed on the front page of the July Gazette.

**Information:** Contact the Association office 714-962-8205. The specifics listed above may change.

Please do not bring your dog to the park that day.











# Green Valley Homeowners' Recreation Association

10739 Los Jardines West Fountain Valley, CA 92708 Office- 714-962-8205

Fax - 714-962-4309

Email - gvhra@aol.com

Website - www.gvhra.com

Facebook - Green Valley Rec Monday-Friday

9:00 a.m. to 5:00 p.m.

**Board of Directors:** 

Meetings are held the fourth Tuesday of each month at 6:30 p.m. in the Community Room, 10739 Los Jardines West.

President:

Wallace Rodecker

Vice President:

**Stephen Schwarz** Secretary:

**Scott Rogers** 

Treasurer:

Linda Tonkovich

Directors:

Todd Kubota Tony Obregon

Victoria Olivadoti

Association Staff:
Administrative Manager

**Pam Pieson** 

Recreation, Grounds & Maintenance

Manager

#### Paula Moss

This newsletter is a monthly publication of the Green Valley Homeowners Recreation Association. The acceptance of advertising does not constitute approval nor endorsement by GVHRA. Furthermore, the Association claims no liability for the content of business and classified ads.

### Association Facilities:

Adult Clubhouse and Pool:
17250 Los Jardines West
Association Office, Family Clubhouse, Meeting Room.
Community Room and South Pool:
10739 Los Jardines West
North Pool: 10824 Los Jardines East

### **Upcoming Events**

May 18 - Swim Team Home Meet

May 25 - Lifeguards Begin

May 27 - Memorial Day Picnic June 8 - Swim Team Home Meet

June 10 - Summer Swim Lessons Begin

June 15 - Swim Team Home Meet

July 13 - Community Shred Day

July 21 - Swim Team Awards Picnic

September - Play Group Set to Begin September - Fall Stroke Clinic Begins

October - Trunk or Treat

October 31 - Halloween Decorating Contest

November - Drive Thru Food Drive

December - Santa Event

December - Holiday Decorating Contest

### Green Valley Celebrates 50 Years in Business 1974 to 2024!!



New Chairs at the South Pool



There are new chairs for around the tables at the South Pool. Rather than purchasing the resin chairs, as in the past, we have purchased rattan & metal chairs for the pools.

The Association office will be closed on Monday, May 29th.
Come out and join us in the park for the Memorial Day Picnic!

# GVHRA FINANCIAL STATUS BALANCE SHEET TOTAL ASSETS = LIABILITY & EQUITY

## AS OF 3-31-24: \$1,439,202.77 FAX & COPY SERVICE

The Association offers use of their fax and copy machine during office hours. (714-962-4309 - fax line)

Send a fax - \$1 per page, Receive a fax - \$.50 per page Copies - \$.10 each (Black & white only)

### Mail Slot

We have a mail slot on the west wall of the Association office available to you 24 hours a day where you can drop off your payment, registration, keys, lost & found items, etc.

### Street Sweeping Parking

The city sweeps our public streets on the **second and fourth** Thursdays of each month. They will ticket cars parked on the street as the street sweeper passes. Please do not park in the clubhouse parking lots on street sweeping days. The parking lot is for facility users and staff only. Any cars in the lot after 8:00 a.m. may be towed at owner's expense.

### **Exterior Walls**

Exterior walls that are facing streets must be replaced with like-for-like - Fountain Valley Civil Code Section 21.18.070. Since all perimeter walls are block, they must be replaced as such. Walls are painted Dunn Edwards Phoenix Villa DEW324.

### Recycle Used Batteries

Recycle your used batteries at the Association Office. We will take them to city hall or the hazardous waste center when the container is full. (No hazardous waste collected.)

## Gazette Advertising Business Card - \$35 per month 4"x6" or 6"x4" - \$65 per month

The 10th of each month is the deadline for submitting ads and articles. Ads must be black and white. Advertising is on a month-to-month basis, no contracts. If you have any questions, please contact the Association office at 714-962-8205.

# THANK YES MEMORIAL DAY

### **Facility Rentals**

Adult Clubhouse:

17250 Los Jardines West, maximum occupancy is 63 Family Clubhouse:

10739 Los Jardines West, maximum occupancy is 58 <u>Clubhouse Rental Fees:</u>

\$40 per hour, minimum four hours (Must include set-up & clean-up time)

\$500 - security deposit. (Separate check that we hold)

Green Valley has two, nice, air conditioned clubhouses that are available to homeowners and authorized tenants to rent. The clubhouses come with a full kitchen, round & rectangular tables and chairs. Rentals must be made at least 10 working days prior to date desired, no exceptions.

Rentals must be cleaned up and vacated by midnight on Friday and Saturday and 11:00 p.m. Sunday through Thursday. Live bands are not allowed. Amplified music must be kept indoors with the windows and doors closed. The Adult Clubhouse is handicapped accessible.

In addition, you must also be able to provide a certificate of liability insurance, minimum \$500,000 coverage per occurrence, from your homeowners insurance company. It is required that it names the Green Valley Homeowners' Recreation Association as additional insured for the date(s) of your rental. This must be turned in to the Association office no later than ten (10) days before the Use Date. Green Valley can no longer just be listed as the certificate holder, but must be listed as additional insured.

Feel free to stop by the Association office during office hours to check the reservation book or pick up a key to take a look at the clubhouses. We can check the book and hold a date for you for a few days.

The Family Clubhouse is located in the courtyard directly across from the Association office. The Adult Clubhouse is located north of Slater, next to the Adult Pool.

The use of the pool is not included in the rental and pool parties are not allowed. The use of inflatables or live animal attractions is not allowed.





### FREE BOOK LIBRARIES

There are hundreds of books to choose from! Pick one up, read it, and pass it along!

For adult books, stop by the office any time during office hours and see if there is something of interest to you! The shelves in the Community Room are full of books.



There is a Little Free Library in front of the office with children's books.

<u>Children's books needed</u> for the Little Library! Please bring them to the Association office or put in the library at the street in front of the office. Thank You!

Trash Receptacles
Replaced in Phases
Throughout the
Park



### Pool Info

Pool parties and private lessons are not allowed.

<u>Heaters:</u> The pools are heated to 84 degrees. All three pools are heated!

**Keys:** The pool keys are the same this year. If you lost your keys or need to purchase an additional one, they are \$100 each and must be purchased by the homeowner of record. Please bring your ID with you to the Association office.

**Pool Tags:** For Green Valley children 6 to 17 years of age. They can be used like a pool key. During the summer months, the lifeguards will open the pool gates for children with a tag from noon to 6:00 p.m. Tags can be purchased in the Association office for \$5. Red tags are for children 6-13 years of age and green tags are for those 14-17 years.

<u>Lifeguards:</u> Guards are scheduled daily at the two family pools from noon to 8:00 p.m. weekends May 25 to June 23. Daily schedule begins June 24 to August 27. Security is assigned on weekends from 2:30 to 10:30 p.m.

**Small Children:** Any child not potty trained should wear a swim diaper. To assist in the safety of all children, we ask that an adult stay within 5' of small children in the pool at all times. We also require that an adult be within 10' of any child that is not a strong swimmer or able to swim across the pool in the deep end

**Swim Team:** The Green Valley Swim Team practices Monday to Friday in the afternoons through June 24th from 3:00 to 7:00 p.m. Beginning June 27, practices move to the morning. The home swim meets are scheduled for June 4, 11 and July 9. Their last day is July 22.

<u>Swim Lessons:</u> Summer Red Cross Learn To Swim Lessons are held Monday to Friday, June 10 to August 9 from 9:00 a.m. to noon and 5:10 to 7:00 p.m. at the South Pool. Please stay away from and do not disrupt the lessons. Thanks!

**Aqua Tone:** Water exercise classes are held three times per week at the North Pool.



Mon. 3:30pm - 2:00am Tues. 11:00am - 2:00am Wed. 11:00am - 2:00am Thu. 11:00am - 2:00am Fri. 11:00am - 2:00am Sat. 9:00am - 2:00am Sun. 9:00am - 2:00am

# Come in and Enjoy!

**Serving Food Until 1:00am Daily** 

Daily Specials
Happy Hour Specials
Pub and Game Night Wed.
Prime Rib Special Thurs.

Live Entertainment Thurs/Fri/Sat/Sun
Al Fresco Dining under the Stars
Breakfast Served Sat. and Sun.

Silky's

714-963-2718

10201 Slater Avenue, Fountain Valley, CA 92708 www.silkysullivans.com Follow Us @silkysullivans

# Summer is Here!

The last day of school for Cox & Masuda is Thursday, June 22nd.



Kids will be out all summer long playing in the park and riding their bikes through the neighborhood. Please be a cautious and courteous driver along the Los Jardines loop!

Join Green Valley's <u>Facebook Group</u> for up to date information on events, activities & announcements!

### **GREEN VALLEY REC**

This is the official Facebook site of GVHRA, for Green Valley residents, and solely administered by GVHRA.

Commenting & posting by others is not allowed.

### CRAFTSMAN \* HANDYMAN

Furniture Repairs & Refurbishing, Cabinets, Fences, Decks, Patio Covers, Interior Trim, Remodels, Tankless Water Heater Service & More!

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

**Green Valley Homeowner** 

Michael Skytte **714-317-0478** 

### Thinking of Selling? Call Lily! 714-717-5095 She Gets MORE \$\$\$ For Homeowners!



17540 Chestnut St, FV SOLD FOR \$1,412,800



18124 Old Trail Ln, FV IN ESCROW FOR \$1,035,000\*



17797 Elm St, FV IN ESCROW FOR OVER \$1,400,000\*

\*Price is subject to close of escro

### Contact Me For A Free Home Evaluation Or Any Of Your Real Estate Needs! 714-717-5095



LILY CAMPBELL
714.717.5095
lily@lilycampbell.com
www.lilycampbell.com
#1 Agent in ALL of Orange County\*
#1 Agent in ALL of FV-23 Straight Years\*\*



in including the property of t



### rermites

Rodents - Spiders Ants - Fleas - Roaches

Free Termite Inspection

\$100 OFF Any Local Treatment

(Foam, Injection,, Slab, Timbor, Orange Oil)

\$200 OFF Any Fumigation

(Tenting)

Quality Service / Affordable Prices / Effective Methods / Wood Replacement
Environmentally Friendly Ensures Safety of Family & Pets

Low Monthly, Quarterly & Yearly Maintenance Service / Escrow Certifications

Serving all of Orange County

(888) 660-PE\$T, (714) 842-8003

www.seashorepest.com

Ask for VINCENT BUI or JOHN ETHERIDGE

DONE RIGHT THE FIR\$T TIME...EVERY TIME!

License #PR4942 -- Licensed \* Bonded\*Insured

### PiYO LIVE & SOULFusion Exercise Classes

PiYO Live is a high energy, low impact exercise format that combines the muscle sculpting benefits of Pilates with the strength and flexibility of yoga, all set to current, fun music that flows continuously. During PiYO Live you will strengthen, stretch, and sweat all in one fun workout!

SOULFusion is a creative blend of yoga-inspired flows, short cardio bursts, balance sequences, and bodyweight and weighted strength training exercises all set to crazy fun music. It offers modifications for all levels . SOULFusion trains strength, balance, and flexibility, and can help improve overall fitness levels. It is driven by music, movement, and motivation. SOULFusion is all of your favorite workouts wrapped into ONE! (\*2-5 lb weights optional! Can also use water bottles.)

All moves are easily adapted to accommodate for injuries and fitness levels. All ages welcome! Come check it out!.

Classes are held Tuesdays 4:00 pm (PiYO) and Thursdays 4:30pm (SOULFusion) in the Family Clubhouse. Classes last one hour.

Fee: \$10 for one class or \$35 for 4 classes. Instructor: Green Valley Resident Jamie Ankeny

Email: piyoliveja@gmail.com

Website: https://me.onpodio.com/piyolivewithJamieA





### **AQUA TONE CLASSES**

### POPULAR YEAR-ROUND WATER AEROBICS CLASSES

Aqua Tone is a high intensity, low impact water exercise program that's just as effective as it is fun! To a healthy beat, Aqua Tone includes a complete aerobic segment between warm-up and cool-down segments, for a well-balanced upper and lower body workout that's hard to beat in or out of the water. Aqua Tone takes place in the shallow end of the pool and combines natural water resistance with more than a dozen basic moves you'll learn in no time. Just wear your suit, bring a towel and drinking water. Classes last 45-60 minutes.

**Schedule**: Tues/Thurs/Sat. @ 10:00 a.m. **Location**: North Pool, 10824 Los Jardines East

Classes will move to the South Pool on Saturdays during the four Green Valley Swim Team home meets.

**Fee**: Register with the instructor at class. Aqua Tone - 1 class - \$9 for residents and \$11 for nonresidents. Purchase a 16 class punch card - \$136 for residents and \$166 for nonresidents.

Register before class at the pool. If you wish to pay by Visa or MasterCard 3% fee, contact the Association office at 714-962-8205

Information: Dawnette, aquatonefitness@aol.com.

GET WET TO GET FIT!!

JOIN ANYTIME - COME WHEN YOU CAN!!

PAY FOR ONE CLASS AT A TIME OR

PURCHASE A PUNCH CARD THAT IS GOOD

FOR ANY 16 CLASSES!

The pool is closed during class.





Tim Olivadoti tim@timolivadoti.com www.timolivadoti.com Lic. #00811199

### TIM OLIVADOTI

Serving all of Orange County Since 1983



Tim Olivadoti has sold more Green Valley homes than any other agent or office!

I LOVE GREEN VALLEY!!

714-746-2385

### TIM'S REAL ESTATE UPDATE

There are lots of changes taking place, currently, in the Real Estate world.

At the same time, there are a lot of rumors, and incorrect information circulating about the recent lawsuit involving several major Real Estate companies.

If you are contemplating a Real Estate transaction, in the near future, buying or selling, please reach out to me for the most recent, up-to-date information.

I am here to help!

# Wednesday Play Group to Resume in September

Have a toddler or infant at home and want to meet other families in the neighborhood? Or just want to meet other mothers and have someone to visit with? We host a weekly play group for parents/grandparents and their children, ages birth to 5 years.

The group meets on Wednesday mornings from 9:30 to 11:30 a.m. in the Community Room, located next to the Association Office. This is a time for socialization and a chance to become acquainted with others in our community.

Activities: Play activities that encourage interaction between children, arts and crafts, songs, games, circle time, family gatherings, holiday parties, etc.





### ART ON A BOX



And friends of artists!

ART ON A BOX

For information, please call 714-714-2447

### 2024 Swim Team Sponsors:

\$2,000 Sponsor

New York Life Insurance, Cory Nguyen

### \$1,000 Gold Sponsor:

Lily Campbell, First Team Real Estate Tim Olivadoti, Seven Gables Real Estate See Breeze Optometry, Jackie Morton/Jeffrey Dang 4 Elements Environmental, John Nguyen

### \$500 Silver Sponsor:

Dr. Veda Faith Afsahi, DDS Andreason Group Realty, Nancy Andreason Kelly Bradshaw, The Van Leeuwen Team/Berkshire Hathaway Dr. Philip "Matt" Nisco, Orthodontist Janice Vuong Insurance Solutions

Thank you Sponsors!! To become a sponsor, email gvstpresident@gmail.com

PH Painting Company, Peter Chatrnuch

### **Green Valley Swim Team Meets:**

Sat., May 11 - Inter-squad Dolphin Classic at GV Sat., May 18 - Lake Forest at Green Valley Sat., June 1- at Pacific Sands

Sat., June 8 - Greenbrook at Green Valley Sat., June 15 - Newport Hills at Green Valley

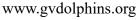
Sat., June 22 - Relay Finals

Sat., June 29 - at Harbor View

Sat., July 13 - at Greenbrook

Sat., July 20 - League Finals

The team has a great food booth set up during home meets. Stop by for breakfast, lunch and a snack while you cheer on the Dolphins!



(Aqua Tone classes move to the South Pool during home meets.)

### VEDA FAITH AFSAHI, D.D.S.

10533 Slater Avenue in Fountain Valley Next to 7-11 on Slater & Ward

714-964-2970



### **Green Valley Neighbors**

Are you looking for a friendly and professional dental practice that cares about your family's oral health? Look no further! At Dr. Veda's, we take pride in being your friendly Green Valley neighborhood dental experts, dedicated to keeping your smiles healthy and bright. Our skilled and compassionate team are here to provide top-notch care for all your dental needs. We look forward to meeting you and your loved ones. Please call us to schedule an appointment with Dr. Veda.

### **General and Cosmetic Dentistry for the Entire Family**

- ◆White fillings ◆Crowns & Bridges ◆Teeth Cleaning ◆Teeth Whitening ♦ Digital Xrays
- ♦ Oral Appliances for Teeth Grinding, TMJ, Sleep Apnea and Snoring ♦ Children Welcome
- ♦TV in rooms ♦ Visit our website at www. drveda.com

Call to find out about our new patient special Free Kindergarten assessment



### Join the Rock & Mineral Club

We're back!! Come join the fun and learn about rocks and minerals. You'll meet some nice folks. All ages are welcome.

We meet the third Wednesday of each month at 7:00 p.m. in the Green Valley Family Clubhouse. Meetings generally have a speaker, fun crafts and last about two hours.



For additional information, www.sarmclub.org, sarmclub@ gmail.com or contact Carol Williams at 714-501-8147.





























Highly Recommended by Green Valley Homeowner Noah Fehser!

### DS Mechanical

Heating & Air Conditioning **Tankless Water Heaters** 

### Commercial / Residential

DS Mechanical has been dedicated on providing the highest quality of service in Orange County and surrounding areas since 2010. We offer yearly maintenance, repairs, and free estimates on new

Ask us how to receive up to \$1000.00 back on newly installed tankless water heaters \*While Promotion Last\*

Email: dsmechanicalhvac@gmail.com

Phone: (714) 884-8053

Lic# 1080896



(714) 962-5031 **BENNETTACUPUNCTURE.COM** 



What Would You do Without **Arthritis** Pain?





**NANCY ANDREASON • BROKER** Coldwell Banker Realty • www.AndreasonGroup.com 714-944-3300 • LIC #01730309

Fountain Valley inventory is rising, which is good news! Historically FV has a lower number of homes for sale than neighboring cities. Why? Fountain Valley is a GREAT place to live! Why are homeowners staying put? Their low mortgages. 84% of California homeowners have a fixed mortgage rate of 5% or lower. High mortgage rates prevent many would-be sellers from selling their home and keep buyers out of the market.



Thinking of Selling? Call Me for a Free Market Analysis! Satisfied Clients are my #1 Priority!

Visit my Website and get Valuable Real Estate Information AndreasonGroup.com

Top Producing Real Estate Broker Traditional Sales + Probate & Trust Sales Specialist Professional, Skilled Negotiator Strong Market Knowledge

### 2024 Summer Swim Lesson Schedule

Please read the Class Level Information to find the best American Red Cross Certified Class for your child.

The first day of class, students will be tested to make sure they are in the proper level.

<b>Session Dates:</b>	Class Levels &	3 Times: Each	Session is Monda	y to Friday, 50 mi	nutes each day
	9:00 a.m.	10:00 a.m.	11:00 a.m.	* * 5:10 p.m.	* *6:10 p.m.
#1 - June 10 to 14	N/A	N/A	N/A	2,3	4,5/6
#2 - June 17 to 21	N/A	N/A	N/A	2,3	4,5/6
#3 - June 24 to 28	3,4,5,6	2,3,4,5	1,2,3,4	1,2,3	3,4,5/6
#4 - July 1 to 5	3,4,5,6	2,3,4,5	1,2,3,4	N/A	N/A
#5 - July 8 to 12	3,4,5,6	2,3,4,5	1,2,3,4	1,2,3	3,4,5/6
#6 - July 15 to 19	4,5,6	2,3,4	1,2,3	1,2,3	3,4,5/6
#7 - July 22 to 26	3,4,5,6	2,3,4,5	1,2,3,4	1,2,3	3,4,5/6
#8 - July 29 to Aug 2	4,5,6	2,3,4	1,2,3	2,3	4,5/6
#9 - August 5 to 9	3,4,5,6	2,3,4,5	1,2,3,4	1,2,3	3,4,5/6

- \* \*Evening lessons for Green Valley residents only. Nonresidents may register for morning lessons.
- \* CLASS LEVEL 1: INTRODUCTION TO WATER SKILLS 3 1/2 to 5 years children with little or no swim experience. Helps the student feel comfortable in the water: \*Enter and exit water safely; \*Open eyes under water, pick up submerged object; \*Swim on front and back using arm and leg actions; \*Submerge mouth, nose and eyes; \*Float on front and back; \*Follow basic water safety rules; \*Exhale water underwater through mouth and nose; \*Explore arm and hand movements. Minimum age 3 1/2 years and able to stay in the class without a parent in the water.
- \* CLASS LEVEL 2: FUNDAMENTAL AQUATIC SKILLS Students are introduced to front & back crawl Gives students success with fundamental skills: \*Enter water by stepping or jumping from the side; \*Open eyes underwater, pick up submerged object; \*Roll over from front to back, back to front; \*Swim on front and back using combined strokes; \*Float on front and back; \*Swim on side; \*Tread water using arm and leg motions; \*Submerge entire head; \*Perform front and back glide.
- \* CLASS LEVEL 3 STROKE DEVELOPMENT (Shallow/Deep end of the pool) Students introduced to butterfly Builds on the skills in Level 2 through additional guided practice: \*Jump into deep water from the side; \*Bob with head fully submerged; \*Perform survival float; \*Change from horizontal to vertical position on front and back; \*Dive from kneeling or standing position; \*Use rotary breathing in horizontal position; \*Perform front and back crawl; \*Submerge and retrieve object; \*Perform front and back glide; \*Butterfly kick and body motion
- \* CLASS LEVEL 4 STROKE IMPROVEMENT (Deep end of the pool) Students introduced to breast stroke & back stroke Develop confidence in the skills learned and improves other aquatic skills: \*Perform shallow dive or dive from stride position; \*Perform open turns on front and back using any stroke; \*Perform front and back crawl; \*Perform elementary back stroke; \*Perform breast stroke; \*Swim on side using scissor-like kick; \*Butterfly; \*Swim underwater; \*Tread water using sculling arm motions and kick.
- \* CLASS LEVEL 5 STROKE REFINEMENT (Deep end of the pool) Students enhance four stroke and work on flip turns Provide further coordination and refinement of strokes: \*Tread water with two different kicks; \*Standing dive; \*Tuck and surface dive; \*Backstroke flip turn; \*Breaststroke; \*Shallow dive, glide two body lengths and begin any front stroke; \*Pike surface dive; \*Front and back crawl; \*Elementary backstroke; \*Front flip turn; \*Butterfly; \*Side stroke
- \* CLASS LEVEL 6 SWIMMING AND SKILL PROFICIENCY (Deep end of the pool) Students are swimming laps Provide further coordination and refinement of the four basic strokes; \*Be able to swim the strokes at least 50 yards; \*Work on developing flip turns, breathing, technique and dives. For the most advanced swimmers.
- \*Swimmers are not allowed to enter the pool before their class time and must vacate the pool at the end of their lesson.

### **Registration Info:**

\* Registration is on a first come, first serve basis in the Association office. The office is located at 10739 Los Jardines West, Fountain Valley. Office hours are 9:00 a.m. to 5:00 p.m., Monday through Friday.

Green Valley residents can begin registering on May 15th. Nonresidents can register beginning June 5th.

For additional information, 714-962-8205 or email gvhra@aol.com.

- \* <u>Walk-in registration only</u>. No saving a spot for anyone in line. No phone-in or mail-in registration accepted. Payment due at time of registration. <u>No refunds.</u>
- \* Proof of Green Valley residency is required. You must show proof of Green Valley residency to receive the Green Valley discount. Anyone in question will be asked to pay the nonresident rate and will not be permitted to register until June 8th.
- \* For your convenience, you may pay by check, cash, Visa or MasterCard. There is a 3% credit card transaction fee.

### **Lessons Fees:**

- \* <u>Green Valley Residents:</u> Register beginning May 15th -- \$60/session; \$55/session, additional child, same family, same session (We will not be taking registration May 22nd to 24th or May 28th & 29th due to the Memorial Day Picnic.)
- \* Nonresidents: Register beginning June 5th -- \$75/session (No discounts for additional swimmer in same family)

### **Class Information:**

- \*Goggles are highly recommended. Class size is limited to four to eight students per instructor. Classes fill, so register early! Full payment due at registration. No refunds.
- \*Evening lessons are reserved for Green Valley residents only. Nonresidents can only register for the morning lessons.
- \*Parents must stay at the pool during lessons. Should the pool be closed at any time, the remaining lessons for the day will be moved to the North Pool, 10824 Los Jardines East. A sign will be posted on the pool gate.
- \*No refunds. If you miss a class, we do not offer make-ups or partial refunds.
- \*If it rains, we still hold lessons. We will only cancel if there is lightning.
- \*Street sweeping is the second and fourth Thursdays of each month in the morning. Park at your own risk.
- \*PLEASE DO NOT FEED YOUR CHILD 30 MINUTES BEFORE THE START OF CLASS to help cut down on pool closures due to vomit. (The family may be charged the \$150 cleaning fee.) In case of pool closure, the lessons will be moved to the North Pool (10824 Los Jardines East.) A note will be posted on the South Pool gate.



### Pool Location & Information:

- \* All lessons will be held at the South Pool, 10739 Los Jardines West, Fountain Valley.
- \* The South Pool is open to Green Valley residents only during swim lessons. If anyone is interrupting the lessons, they will be asked to leave the pool deck area. Nonresidents may not free swim before, during or after lessons. Swimmers must vacate the pool at the end of their lesson.
- \* There are no lifeguards on duty during the morning lessons. A parent/guardian must accompany and supervise children under the age of 14 years at all times. Please be at the pool to pick up your child immediately at the end of class. There is a ten minute break between classes when we clear the pool of all swimmers.
- \* Please obey the pool rules listed on the pool deck fence. Keep the gates closed and locked at all times!
- \* All children under the age of 4, potty trained or not, must wear a swim diaper or rubber pants in the pool at all times. Please take your child to the restroom before class begins to help cut down on pool closures due to defecation. The family may be charged the \$150 pool cleaning fee.
- \* No private lessons allowed.





# Pools Close at 10:00 p.m.

If you see anyone in the pool or on the pool deck after hours, please contact Patrol Masters and report it. They will send the nearest unit out to handle the situation.

# 877-648-0602 or watchcommander@patrolmasters.com

There has been a group at the Adult Pool after hours, smoking, drinking on the pool deck. One day roof tiles were thrown into the pool. Security has been notified. Please contact them immediately if you see something that is not right.

### **Classified Ads**

FOR SALE: 2007 Honda Odyssey Van/Wheelchair Conversion w/electric side doors & ramp, excellent paint, mechanical, tires, battery, much more! \$11,000. Must see! Call or text Jim 714-403-4336

**COOK/PART-TIME:** Needed to prepare a few low-salt meals a week for GV couple. Flex times, your facility or our home, knowledge of Mediterranean Diet would be helpful. Call Bob at 714-968-1992.

**FOR SALE:** Electric Mulching Mower Black & Decker; 19"; walk behind; with rear grass catcher; (maintained) \$75 OBO; Sprinklers - Rain Bird, Nelson, smaller ones, \$10-\$30 OBO. Call 657-203-3870.

**FOR SALE:** Electric Edger & Trencher, Black & Decker, 4,700 RPM, 1.5 years young, \$75 OBO. Hand Held Spreader, Ortho Whirlybird for seed & fertilizers, \$9. Call 714-964-3325.

**HANDYMAN/CRAFTSMAN:** Electrical, plumbing, custom furniture, furniture repairs & refurbishing, cabinets, fences, decks, patio covers, interior trim, remodels. Text Michael 714-317-0478. No job too small.

**KOREAN SKIN CARE:** #1 KBeauty Brand & Award-winning! Vegan & Cruelty Free & one of the fastest-growing Business Opp. in N. America. Call/Text (714) 724-2668 or email: incellderm8@gmail.com.

**TUTOR:** Build confidence, test-taking skills/organization skills/improve grades. All grade levels/subjects, college/AP classes, SAT prep, college essays. Exp: premed/medical students. Text Tiffany 714-951-5769.

DOG WALKER: Any size/breed. Pet CPR certified. References available upon request. Miyuki 714-594-9181, meyoukeyess@gmail.com.

**OFFICES FOR RENT:** Slater/Ward. Stop working at the kitchen table. Four offices available in a five office suite with shared entry/bathroom. New paint, flooring & lighting. Scott 714-742-8815

**DJ/ MC:** Longtime G V res & former GV Swim Team announcer will help make your gathering special, whether it's a party, community event, banquet or wedding. John 714-716-7780 or popdude@aol.com.

**HANDYMAN:** Landscaping, ponds, fountains, general upkeep, painting int/ext, stucco, window cleaning, screen replacement, some electrical, power washing, holiday decor, car parts. Call Brian 714-655-0876.

**CATERING:** Need professional catering for groups of 25-50 people? Celebrations, small weddings and corporate events. Delicious options and easy to work with. Text or call: (714) 595-1811.

Experienced VOICE TEACHER in GV currently accepting beginning voice students. Learn singing fundamentals and confidence! Lessons are 20 minutes once a week. Please text 714-501-3002 for info.

**10% OFF EV CHARGER INSTALLATION:** Got a new EV or thinking of getting one? Special offer for GV res & friends. Call us now at 714-321-5944. All work done by professionals & follow strict bldg codes.

ORANGE COUNTY CHILDREN'S MUSEUM: Our mission is to engage the minds, muscles, and imagination of children and the grown-ups that care about them. Find us at: www.iamoccm.com.

**AP MATH/AP SCIENCE TUTOR:** 25 yrs + exp tutoring in all AP Math & Science subjects. Patient & caring. Online/On-call/In-person. Call/text/email Long 657-210-0102, TLCmathsciencetutor@gmail.com.

**PAINTER:** Interior/Exterior, 20+ years exp, quality work, license, bonded & EPA certified. Call Mike Merli at 714-742-1029.

**TUTOR:** FVHS Alumni/UCI Physics Student, your house or mine (walkable distance from Masuda); any subject, help w/AP classes or org./time mgmt, Sunday afternoons, \$20/hr. 714-488-0640, ztsherry@uci.edu.

**ESTATE PLANNING:** Secure your Family's Legacy. Living Trusts, Wills, Power of Attorney. AmeriEstate Legal Plan, Inc. www.ameriestate.com. Call Rich at 714-881-1364.

**LACTATION CONSULTANT:** Call for in-home assistance with breastfeeding, weaning, or returning to work. Jillian Clausi, BSN, RN, IBCBC, PHN 714-309-0366.

**Rachael Davis Norwex Ind. Consultant:** Reusable cleaning products, save time, reduce waste & exposure to harmful chemicals. Info, purchases, or host a party. https://rachaeldavis.norwex.biz/ or text 714.459.3229

SENIORS: Are you a senior who's new to an iPhone, Mac Laptop or IMAC? A senior myself. Lets help you get comfortable w/Apple products. Using Macs since '90 & love the ease. \$15/hr Anjela 610-751-3932

**CAKES & DESSERTS by JoJo:** Custom cakes, cake pops, cupcakes, petits fours, French macaroons, number cakes. Visit JoJo Cakes on Yelp.com. Text/call 714-227-7740 for a quote.

FREE HAIRCUT: Receive a free haircut when booking your color appt with Regina at Medusa Salon,

714-968-2424, 1st visit only.

3398, mcorcoran3@socal.rr.com.

**FREE DOG SITTING:** Dogs must be 15 pounds or less. Large yard for dogs to play. IF YOU CAN RECIPROCATE. Vacations/long weekends. Call Lynne at 714-803-0688.

**STEAM BROTHERS FLOOR CLEANING:** Carpet, wood, tile, grout & upholstery specialists. To see our before & after transformations, check us out on Facebook - Ryan 714-757-7940.

**SEWING:** Need patches sewn onto a new scout uniform? Don't know where to put those new patches? Iron-on patches not sticking? I can help! Email suesewspatches@gmail.com or Sue 714-585-2500.

CARPET CLEANING: Any three areas - \$60. Also do upholstery, rugs and autos. Call or text Jeff at 714-349-3659 for an appointment or free estimate.

**MUSIC LESSONS:** 4-80 years, piano, trumpet, clarinet, ukulele, accordion, synthesizer, Improv, ear training & band, near Masuda School, teacher w/Doctorate & 25 yrs experience teaching. 714-624-4854.

**FREE PRODUCTS:** Host in your home. ZERO business presentations. Products offered: Senegence, Origami Owl, doTERRA, LuLaRoe. GV res since '84. Izzy.origamiowl@gmail.com 714-584-9OWL

**JEWELRY/GIFTS:** Jim's Gems - Handmade wire wrapped sterling silver & gold filled gem stone jewelry, gem stone bookends & clocks. Perfect gift for all occasions. Call Jim at 714-615-8570.

**MUSICIANS FOR HIRE:** Weddings, funerals, church services or mass, 20 years experience in all these events. Organ, Piano, Trumpet, Guitar, Vocals. Call 563-663-3443.

SINGER: Soloist available for your party or event. 50's & 60's music. Call, text or email Michael at 714-915-

**MATH TUTOR:** It's not as hard as you think. Math is easy for me. It can be easy for you, too! All grades & ages, elementary through adult. Call Phil at 424-634-9958. GV & nearby areas.

POOL SERVICES: Free estimates. Over 25 years experience. Discount to Green Valley residents. Call Joe

PIANO LESSONS: In my Green Valley home. Beginners to early advanced. \$70 per month for four halfhour lessons. Call Julie at 714-916-0277.

30-50% OFF SELECT MARY KAY...HUGE SALE!: Pamper yourself & friends. Great gifts, too! All other women's/teen/men's items 20% off always at marykay.com/kconstantine. Kim 714-335-2280.

NOTARY SERVICE: Janie Ekman 714-883-5996, Melanie McCready 714-608-3062.

ATTORNEY: For business litigation, contract law, elder law, employment misdemeanors, or torts! Call Kiff Crandall at 714-361-2111.

ORGANIZERS: Clear your clutter! Get organized to save time & money. 10+ years exp as organizers. Call Thea & Gayle at 714-962-9756.

**CLEANING:** High pressure water cleaning: mobile siding, driveways, sidewalks, patios, store fronts, graffiti on walls, and specialty cleaning needs. Call Matt or Steve at 714-963-2633.

Antonio Catini Custom Tile at714-964-5382 for kitchen, bathroom, etc.

Guaranteed reliable, experienced workmanship that will add beauty & value to your home.

Green Valley residents may place a classified ad free of charge. Deadline is the 10th of each month. Email ads to gvhra@aol.com. Please notify the office when you would like your ad removed. Thanks!

### **For Your Convenience**

We have a mail slot on the west wall (back side) of the Association office. This is available to you 24 hours a day where you can drop off your payment, registration, keys, lost & found items, etc. Make your payment when you are out for your daily

Also, the Association office accepts Visa and MasterCard. There is a 3% transaction fee. You can make payments by phone, 714-962-8205. Earn points or miles!



Established A Long Time Ago





### **Enjoying Mechanics**

17420 Mt.Herrmann St, Fountain Valley

- 2 Year 24K mile warranty
- Free shuttle to Green Valley! \$20 Off anything your vehicle needs

Any service of \$75 or more

Call to schedule your appointment today!

714-540-7071 Est 1971

### **Thank You for Calling**

We would like to thank those of you who have contacted the Association office when you see a problem in the greenbelt or with one of our facilities or playgrounds, i.e. broken sprinkler or out of adjustment, graffiti, people not obeying rules, light out in greenbelt, etc. If you see something, please call the office at 714-962-8205 or gvhra@aol.com.

Those who walk at night through the park may notice things that the Association staff might not see as easily during the daytime. Once we are made aware of the problem, we can have it taken care of.

If it is a police matter, please do not hesitate to call them at 714-593-4485 or 911. If people are loitering in the park or pools after hours, please contact Patrol Masters operators at 877-648-0602 or watchcommander@patrolmasters.com and give them an address to send the patrol officer to.

Thank you to those of you who pick up after your pets too!!

the greenbelt!!

### Animal Control 714-935-6848

**Adult Pool - 17250 Los Jardines West** North Pool -10824 Los Jardines East **South Pool - 10739 Los Jardines West** 

### PHILIP "MATT" NISCO, D.D.S. **Orthodontist**

17200 Newhope St., Ste. 227 Fountain Valley, Ca 92708

714-979-1400





# Green Valley Community Calendars

# **June 2024**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Aqua Tone Swim Team Meet (Away) Lifeguards
2	3		5	6		-   8
Lifeguards	Swim Team	Aqua Tone Swim Team PiYo Live Class	Play Group Swim Team Association #1 Mtg	Aqua Tone Swim Team SOULFusion Class	Swim Team	Aqua Tone—So Pool Swim Team Meet (Home)
			Nonresidents Begin Swim Lesson Reg.			Lifeguards
9	10	11	12	13	14	15
Lifeguards	Gazette Ads Due Swim Team Swim Lessons Session 1	Aqua Tone Swim Team Association #2 Mtg PiYo Live Class	Play Group Swim Team	Swim Team SOULFusion Class Street Sweeping	Swim Team Flag Day	Aqua Tone—So Pool Swim Team Meet (Home) Lifeguards
16	   17	  18	  19	20	21	22
Happy Father's Day Lifeguards	Swim Team Swim Lessons Session 2	Aqua Tone Swim Team PiYo Live Class	Play Group Swim Team Juneteenth Office Closed	Aqua Tone Swim Team SOULFusion Class Summer Begins	Swim Team	Aqua Tone Swim Team Relay Finals (Away) Lifeguards Begin Daily Schedule
23 Lifeguards	24 Swim Team Begins Morning Practices	25 Aqua Tone Noon Swim Team	26 Swim Team Lifeguards	27 Aqua Tone Noon Swim Team	28 Swim Team Lifeguards	29 Aqua Tone Lifeguards
30 Lifeguards	Swim Lessons Session 3 Lifeguards	PiYo Live Class Board Meeting Lifeguards		Lifeguards SOULFusion Class Street Sweeping		Swim Team Meet (Away)

# **July 2024**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lifeguard Daily At Family Pools	1 Swim Lessons Session 4 Swim Team	Aqua Tone Noon Swim Team PiYo Live Class	Association #1 Mtg Swim Team	4 Happy July 4th! Office Closed	5	6 Aqua Tone No Swim Meet
7	8 Swim Lessons Session 5 Swim Team	Aqua Tone Noon Swim Team PiYo Live Class Association #12 Mtg	10 Swim Team	Aqua Tone Noon Swim Team SOULFusion Class Street Sweeping	12 Swim Team	13 Aqua Tone Swim Team Meet (Away) Community Shred Day
14	15 Swim Lessons Session 6 Swim Team Gazette Ads Due	Aqua Tone Noon Swim Team PiYo Live Class Association #2 Mtg	17 Swim Team	Aqua Tone Noon Swim Team SOULFusion Class	19 Swim Team Ends	20 Aqua Tone Swim Team League Finals (Away)
21 GVST Awards Picnic	22 Swim Lessons Session 7	Aqua Tone Noon PiYo Live Class Board Meeting	24	25 Aqua Tone Noon SOULFusion Class Street Sweeping	26	27 Aqua Tone
28	29 Swim Lessons Session 8	30 Aqua Tone Noon PiYo Live Class	31			

Any updates to this calendar will be on our website - www.gvhra.com